

Sims Fertility Clinic		Form No.	LAB-F-103
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INSTRUCTIONS FOR USE OF MALE FACTOR PAK

So that we can ensure that semen samples reach the laboratory in optimum condition, gentlemen are asked to produce semen samples on site at the Sims Clinic.

IN some circumstances for medical reasons however, it may be necessary for a patient to produce the sample away from the clinic using a special non-toxic condom, called a 'Male Factor Pak'.

The following instructions for the use of Male Factor Paks **must be followed**. **Do not use regular condoms** for collection of the sample as these contain a spermicide which will kill the sperm. And **do not use lubricant jellies** as these may be toxic to sperm.

Beforehand:

- Obtain a collection pack from the clinic. The male factor pak will be supplied with a sample container, a biohazard bag and two semen collection forms. **Ensure that the pot has been labelled with male and female partner names and clinic number and that the clinic number is also written on the semen collection form.**
- Abstain from intercourse for between 2 (minimum) and 4 (maximum) days. The highest motile count is obtained when the abstinence period is 3 - 4days.

Sample collection:

- Wash and dry hands and penis.
- Remove the Male Factor Pak condom carefully from its packet and place against the top of the erect penis. To prevent trapping air, hold the reservoir tip while unrolling the condom onto the penis. Proceed with your physician-advised method of achieving ejaculation.
- After ejaculation has occurred and erection ceased, remove the Male Factor Pak condom, being certain not to lose any of the specimen.
- Use the twist-tie to secure the open end of the condom then place the condom into the specimen pot.

Returning the sample to the clinic:

- Place the specimen container into the biohazard bag.
- Complete all the details on and sign the semen collection form. **Samples will not be accepted by the laboratory without this completed form.**
- Deliver the sample to the laboratory as soon as possible, **preferably within 1 hour.**
- Protect the sample from extremes of temperatures during transport, i.e. do not refrigerate or try to warm the sample. Simply placing the pot in an inside jacket pocket will provide an appropriate temperature.
- Samples which will be used for a treatment procedure or are for freezing that day **must** be delivered to the laboratory **in person**, so when you get to the clinic, it may be necessary to wait until an embryologist is available.
- If the female partner is delivering the sample to the clinic for analysis on behalf of the male, she will need to complete the second form on arrival at the clinic.