

Recipes

Healthy banana split

Healthy banana split 1 serving. Ready in 2 min.

Ingredients

Banana, **0.67 banana (80 g)**

Greek Yogurt (Low Fat), **0.5 portion(s) (50 g)**

Raspberries, **10.5 raspberries (20 g)**

Almonds, flaked and ground, **5 grams (5 g)**



Instructions/Preparation

1. Cut the banana in half, crush the raspberries.
2. Top the banana with yoghurt and raspberries and sprinkle over the almonds