

OPTIONS FOR
female couples

Explore your
options for
starting a
family



SIMS IVF GROUP
CLONSKEAGH - ROTUNDA - CORK



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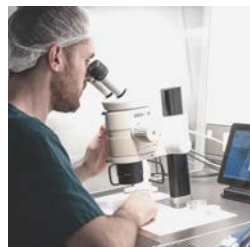
04

**STARTING YOUR
FAMILY**



05

SPERM DONATION



06

DOUBLE DONATION



08

**SHARED
MOTHERHOOD &
TREATMENT OPTIONS**



Starting your family

BY DR JOHN KENNEDY - GROUP MEDICAL DIRECTOR

Sims IVF Group donor program assists same sex couples or individuals, needing a sperm donor, to help them have a baby.

Sims IVF are proud to help same sex couples realise their dream of completing their family. We have a comprehensive sperm donation programme and an experienced team to help guide you through the process. We are also happy to introduce the new shared motherhood programme. This programme allows both individuals in a same sex couple to play a part in the process.

Your options could include the following:

- Sperm Donations
- Double Donation
- Shared Motherhood

Sims IVF clinic is a sanctuary - a place where respect, confidentiality and medical excellence reside. We adhere to Five Core Principles to ensure that you as a patient get the best possible care. We are here to help you on your journey to create a family.

1. A Commitment to Care
2. Advanced Infertility Testing
3. State of the Art Facilities
4. Leaders in Reproductive Medicine in Ireland
5. Excellent Results



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Sperm Donation

Sims IVF donor program assists anyone needing donor sperm in order to achieve a pregnancy. As recommended by the doctor and depending on other factors involved, donor sperm may be used in combination with IUI, IVF or ICSI as appropriate.

WHO ARE THE SPERM DONORS?

Donors are ordinary, physically healthy men from a broad cross section of society who's ages range from 18-50 years. Most of them are students from institutions of higher education. They receive only small remuneration for donation and it is believed that they are genuine in their wish to help others.

HOW ARE THE DONORS ASSESSED?

All donors undergo rigorous assessment before being accepted and all are examined and given final approval for donation by a medical doctor. Assessment involves screening both for genetic conditions and infectious diseases

WHAT INFORMATION IS AVAILABLE ABOUT THE DONOR?

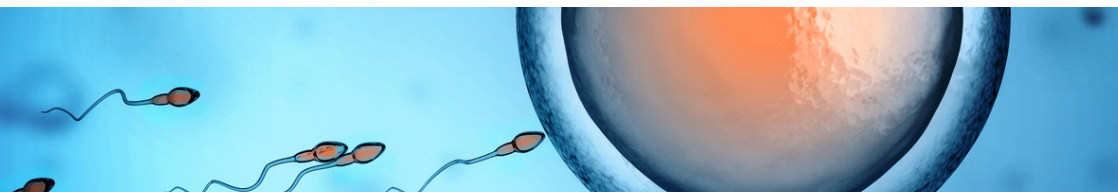
All donors have full extended profiles available, this includes physical characteristics, academic background, a list of personal preferences and experiences. a family tree as far back as grandparents, a medical history, a donor essay and childhood pictures. Not all donors will have adult photos available.

ARE DONORS ANONYMOUS?

No, new legislation has been brought in that means donors must be identifiable. This does not mean that you as a parent will receive the donor's identifying information. However, any child born using an identifiable donor will, at the age of consent, be entitled to the donor's identifying information. Regardless of this, the donor is not allowed to receive information about the identity of the recipient couple or the child. The donor has no paternal rights to a child born as a result of treatment to an anonymous couple using his sperm

THE PROCESS

Once all options have been considered with the doctor and the counsellor, you will have a few options available to you. You have the option of searching the websites of our partner sperm banks and select a number of donors that you would be happy with. You can also provide your chosen characteristics and we can choose for you. It will then be used in combination with IUI, IVF or ICSI as appropriate.



Double Donation

Sims IVF offers an egg donation programme for women who are unable to have a baby using their own eggs.

Donors are available immediately so there are no waiting lists and no need to travel to Europe.

We offer a one to one service, so eggs retrieved from the donor in that cycle are used for your treatment only, and are not shared with anyone.

The programme is in partnership with Intersono in Ukraine for egg donation and Cryos in Denmark for donor sperm. This programme uses identifiable donors

WHO ARE THE EGG DONORS?

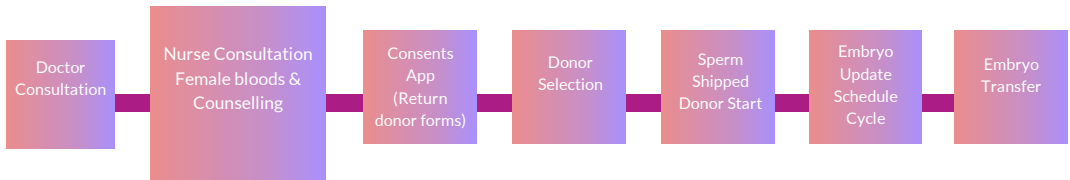
All our donors are already mothers – and are between 18 and 34 years old. In addition, all donors undergo stringent tests to ensure their health and suitability.

You get a choice of 2 donors, carefully preselected based on a detailed profile that includes physical traits, family history, education, hobbies, and personality.

DONOR SELECTION

Egg donor: Choice of 2 donors matched with your characteristics & preferences. Recipient photos taken to assist this process.

Sperm Donor: Five sperm donors can be chosen from Cryos website. Final donor selection carried out by Sims IVF.



Shared Motherhood

A number of same-sex couples choose to egg-share and we can facilitate this process. Shared Motherhood is where the eggs of one partner are used in an IVF cycle to create embryos that are then transferred into the other partner, with the effect that one partner is the birth mother and the other partner is the genetic mother. The embryos are created using donor sperm.

For many couples this is a beautiful process that allows both parents to have a unique linkage to the child.



Stage 1

Consultation -
both partners



Stage 6

Pill used to co-
ordinate cycles



Stage 2

Counselling and
investigations - both
partners



Stage 7

Both partners in
treatment at same
time



Stage 3

Consent and donor sperm
selection - both partners



Stage 8

Donor has egg
collection



Stage 4

Schedule of Patient
(donor) for IVF cycle



Stage 9

Recipient has
embryo transfer



Stage 5

Schedule of Patient
(recipient) for embryo
transfer



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Treatments

Donor sperm can be used for either artificial insemination (IUI) or IVF potentially with ICSI.

Many same-sex couples that attend our clinic do not have fertility problems and wish to access the mildest form of fertility treatment to conceive.



INTRAUTERINE INSEMINATION - IUI

Artificial insemination involves inserting prepared semen through the neck of the womb (the cervix) and into the uterus, close to the time of ovulation. Sometimes, fertility drugs may be used to stimulate the ovaries and encourage the release of eggs.

IN-VITRO FERTILISATION - IVF

IVF is a treatment where fertility medications are used to prompt a larger number of eggs to grow (usually 5-10). These eggs are collected from the ovaries and combined with the donated sperm in the laboratory via IVF or intracytoplasmic sperm injection (ICSI), where an individual sperm is injected directly into the egg. The embryo develops in the laboratory for 2-5 days before being transferred back to the woman.



Contact details for our clinics

Sims IVF Clonskeagh



Rotunda IVF



Sims IVF Cork



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